

Nursing Assistant Bridging Programme NABP

Fall 2021:

September 15 Communication with the Health Care Team Role of Nurse Auxiliary

- Students will be able to define the key terms and key abbreviations.
- They will be able to explain why health team members need to communicate and will describe the rules for good communication.
- Students also will be able to describe the purpose, parts, and information found in the medical record and Kardex, as well as the legal and ethical aspects of medical records.
- Students will be able to use the 24-hour clock, medical terminology, and abbreviations.
- They will be able to list the information they need to report to the nurse and the rules for recording, as well as describe the rules for answering phones.
- They will be able to explain how computers and other electronic devices are used in health care, while protecting the right to privacy.
- They also will know how to promote PRIDE in the person, the family, and themselves

September 29 Work Ethics

- Students will be able to identify good health and hygiene practices and describe how to look professional.
- They also will be able to describe the qualities and traits of a successful nursing assistant, as well as ethical behavior on the job.
- Students will be able to explain how to get a job, how to plan for childcare and transportation, how to manage stress, the aspects of harassment, the reasons for drug testing, and how to resign from a job.
- They also will be able to identify some common reasons for losing a job.

October 11 Infection Control and Measuring Vital Signs

- Students will be able to identify what microbes need to live and grow.
- Students will be able to list the signs and symptoms of infection, explain the chain of infection, and describe healthcare-associated infections and persons at risk.
- Students will be able to describe the practices of medical asepsis, disinfection and sterilization methods, and how to care for equipment and supplies.
- They will be able to explain Standard Precautions, Transmission-Based Precautions, the Bloodborne Pathogen Standard, and the principles and practices of surgical asepsis.
- They will be able to explain why vital signs are measured and to list the factors that affect vital signs.
- Students will be able to identify the normal ranges for each temperature site, will know when to use each temperature site, and explain how to use thermometers.
- They will be able to identify the pulse sites, describe a normal pulse and normal respirations, and describe the practices to follow when measuring blood pressure.
- Students will know the normal vital signs for different age-groups.

October 25 Practice Vital Signs and Bed Bathing / Bed Making/Grooming

- Students will be able to describe open, closed, occupied, and surgical beds.
- Students will be able to explain when to change linens and how to use drawsheets.
- They will be able to handle linens following the rules of medical asepsis and will be able to perform the procedures described in this chapter.
- Students will be able to define the key terms and perform the procedures.
- They will be able to explain why personal hygiene is important.
- They will be able to describe the care given before and after breakfast, after lunch, and in the evening.
- Students will be able to describe the rules for bathing and will identify safety measures for tub baths and showers.

- They will be able to explain the purposes of a back massage and of perineal care.
- Students will be able to identify the observations to report and record while assisting with hygiene.
- They will be able to identify the factors that affect hair care, explain how to care for matted and tangled hair, and describe how to shampoo hair.
- Students will be able to describe the measures practiced when shaving a person, explain why nail care and foot care are important, and describe the rules for changing clothing and gowns.
- They also will be able to perform the procedures described in this chapter.

November 8 Falls Prevention and Restraint Free Environment

- Students will be able to define the key terms and key abbreviations, describe accident risk factors, and identify the safety measures for infants and children.
- They will be able to explain why persons are identified before care is given and how to correctly identify persons.
- Students will be able to describe the signs and causes of choking; the safety measures used to prevent burns, poisoning, and suffocation; and safety measures for fire prevention and oxygen use.
- They will be able to explain how to prevent equipment accidents; how to handle hazardous substances; what to do during a fire; how to report accidents and errors; and how to protect themselves from workplace violence.
- Students also will be able to give examples of natural and human-made disasters and will describe their role in risk management.
- They will practice and will be able to perform the procedures described in this session.
- They will be able to identify the causes and risk factors for falls and will describe safety measures that prevent falls.
- Students will be able to explain how to use bed rails safely, the purpose of hand rails and grab bars, how to use wheel locks safely, how to use transfer/gait belts, and how to help the person who is falling.
- They will be able to describe the purpose of restraints and restraint alternatives and identify the risks related to restraint use.
- Students will be able to explain the legal aspects of restraint use and explain how to use restraints safely.

November 10 Diversity

- Students will hear from Ethics Expert Mr. Stephen Emery on Diversity and Inclusion.

November 29 Customer Service- Lahey Clinic

The Lahey Mission

At Lahey, our mission guides us toward success. We're committed to:

- Providing superior health care leading to the best possible outcome for every patient
- Exceeding our patients' high expectations for service each day
- Advancing medicine through research and the education of tomorrow's health care leaders
- Promoting health and wellness in partnership with the diverse communities we serve

Customer Service in the Healthcare industry facilitated by Lahey Clinic.

Spring 2022:

- January 31- **Professionalism, Applications, Interviews and Resumes**
- February 9 –**Wound Care**
- March 30 – **Dementia Care**
- April 13 – **Care of the Dying Patient**
- April 25 – **Application Process with Bermuda Nursing and Midwifery Council**

Spread over the year. Topics same as Bridging

Cost: \$ 600. \$50 per session.