

# Nursing Assistant Bridging Programme NABP

## Fall 2022:

This Programme will prepare individuals who have earned a Certificate in Continuing Care Worker, Geriatric Aide or completed Bermuda Hospitals Board's Auxiliary Training Course. This programme will upgrade their skill sets and competencies to support the 21<sup>st</sup> century health care industry needs.

### October 19 Work Ethics TDS NABP2

- Students will be able to identify good health and hygiene practices and describe how to look professional.
- They also will be able to describe the qualities and traits of a successful nursing assistant, as well as ethical behavior on the job.
- Students will be able to explain how to get a job, how to plan for childcare and transportation, how to manage stress, the aspects of harassment, the reasons for drug testing, and how to resign from a job.
- They also will be able to identify some common reasons for losing a job.

### October 31 Infection Control and Measuring Vital Signs TDS NABP3

- Students will be able to identify what microbes need to live and grow.
- Students will be able to list the signs and symptoms of infection, explain the chain of infection, and describe healthcare-associated infections and persons at risk.
- Students will be able to describe the practices of medical asepsis, disinfection and sterilization methods, and how to care for equipment and supplies.
- They will be able to explain Standard Precautions, Transmission-Based Precautions, the Bloodborne Pathogen Standard, and the principles and practices of surgical asepsis.
- They will be able to explain why vital signs are measured and to list the factors that affect vital signs.
- Students will be able to identify the normal ranges for each temperature site, will know when to use each temperature site, and explain how to use thermometers.
- They will be able to identify the pulse sites, describe a normal pulse and normal respirations, and describe the practices to follow when measuring blood pressure.
- Students will know the normal vital signs for different age-groups.

### November 14 Practice Vital Signs and Bed Bathing / Bed Making/Grooming TDS NABP4

- Students will be able to describe open, closed, occupied, and surgical beds.
- Students will be able to explain when to change linens and how to use draw sheets.
- They will be able to handle linens following the rules of medical asepsis and will be able to perform the procedures described in this chapter.
- Students will be able to define the key terms and perform the procedures.
- They will be able to explain why personal hygiene is important.
- They will be able to describe the care given before and after breakfast, after lunch, and in the evening.
- Students will be able to describe the rules for bathing and will identify safety measures for tub baths and showers.
- They will be able to explain the purposes of a back massage and of perineal care.
- Students will be able to identify the observations to report and record while assisting with hygiene.
- They will be able to identify the factors that affect hair care, explain how to care for matted and tangled hair, and describe how to shampoo hair.
- Students will be able to describe the measures practiced when shaving a person, explain why nail care and foot care are important, and describe the rules for changing clothing and gowns.
- They also will be able to perform the procedures described in this chapter.

### November 28 Falls Prevention and Restraint Free Environment TDS NABP5

- Students will be able to define the key terms and key abbreviations, describe accident risk factors, and identify the safety measures for infants and children.

- They will be able to explain why persons are identified before care is given and how to correctly identify persons.
- Students will be able to describe the signs and causes of choking; the safety measures used to prevent burns, poisoning, and suffocation; and safety measures for fire prevention and oxygen use.
- They will be able to explain how to prevent equipment accidents; how to handle hazardous substances; what to do during a fire; how to report accidents and errors; and how to protect themselves from workplace violence.
- Students also will be able to give examples of natural and human-made disasters and will describe their role in risk management.
- They will practice and will be able to perform the procedures described in this session.
- They will be able to identify the causes and risk factors for falls and will describe safety measures that prevent falls.
- Students will be able to explain how to use bed rails safely, the purpose of hand rails and grab bars, how to use wheel locks safely, how to use transfer/gait belts, and how to help the person who is falling.
- They will be able to describe the purpose of restraints and restraint alternatives and identify the risks related to restraint use.
- Students will be able to explain the legal aspects of restraint use and explain how to use restraints safely.

### **November 30 Diversity TDS NABP6**

- Students will hear from Ethics Expert Mr. Stephen Emery on Diversity and Inclusion.

### **December 19 Customer Service- Lahey Clinic TDS NABP7**

The Lahey Mission

At Lahey, our mission guides us toward success. We're committed to:

- Providing superior health care leading to the best possible outcome for every patient
- Exceeding our patients' high expectations for service each day
- Advancing medicine through research and the education of tomorrow's health care leaders
- Promoting health and wellness in partnership with the diverse communities we serve

***Customer Service in the Healthcare industry facilitated by Lahey Clinic.***

### **Spring 2023:**

- February 20- **Professionalism, Applications, Interviews and Resumes**
- February 22 – **Wound Care**
- March 22– **Dementia Care**
- April 12 – **Care of the Dying Patient**
- May 1 – **Application Process with Bermuda Nursing and Midwifery Council**

**Spread over the year. Topics same as Bridging**

**Cost: \$50 per session.**