

LIFELONG LEARNING CENTRE

SPRING 2021 BULLETIN

MONDAYS

NEW

1. STRENGTH, BALANCE, FITNESS!

with Heather Rita Lamb online

18 January – 5 April, 12 sessions

TIME 8.30 – 9.30 PRICE \$80

2. ART CLASS

with Sharon Wilson online

18 January – 5 April, 12 sessions

TIME 10.00 - 1.00 PRICE \$180

3. SPANISH CLUB

with Angela Dallas online

18 January – 5 April, 12 sessions

TIME 10.30 – 12.00 PRICE \$20

4. CHAIR YOGA

with Elaine White online

18 January – 5 April, 12 sessions

TIME 11.00 – 12.00 PRICE \$80

NEW

5. CHARLES DICKENS' WORLD

with Sajni Tolaram online

February 15, March 22, April 5, 3 sessions

TIME 12.00 – 1.00 PRICE: \$20

TUESDAYS

6. TAI CHI

with Eric Martin TBA

19 January – 6 April, 12 sessions

TIME 9.30 – 10.30 PRICE \$80

7. CHARCOAL DRAWING

with Sharon Wilson online

19 January – 6 April, 12 sessions

TIME 10.00 – 1.00 PRICE \$180

8. LLC FRENCH CLUB

With Sophie Couture online

19 January – 6 April, 12 sessions

TIME 10.30 – 12 noon PRICE \$20

9. POETRY CLUB

with Liz Jones online

2 February – 9 March, 6 sessions

TIME 11.00 – 12.30 PRICE \$20

10. YOGA (all levels)

with Elaine White online

19 January – 6 April, 12 sessions

TIME 12.30 – 1.30 PRICE \$80

11. LINE DANCING (all levels)

with Mary Johnson TBA

19 January – 6 April, 12 sessions

TIME 2.00 – 3.30 pm PRICE \$90

NEW

12. SQUARE YARD GARDENS

with Eddie Cattell TBA

19 Jan, 2 & 16 Feb, 2 Mar, 4 sessions

TIME: 3.00 – 4.30 pm PRICE: \$50

WEDNESDAYS

13. ZUMBA!

with Heather Rita Lamb online

20 January – 7 April, 12 sessions

TIME 8.30 – 9.30 PRICE \$80

14. NO-PANIC PILATES

with Caitlin Curtis online

13 January – 7 April, 12 sessions

TIME 9.30 – 10.30 PRICE \$80

15. CONVERSATIONAL GERMAN

with Marion Rentrup online

20 January – 7 April, 12 sessions

TIME 10.00 – 11.30 PRICE \$20

NEW

16. MEDITATION IN ACTION 1. Body

with Ann McDermott-Kave online

20 January – 10 February, 4 sessions

TIME 2.00 - 3.00 PRICE \$40

NEW

17. MEDITATION IN ACTION 2. Mind

with Ann McDermott-Kave online

17 February – 10 March, 4 sessions

TIME 2.00 - 3.00 PRICE \$40

NEW

18. MEDITATION IN ACTION 3. Breath

with Ann McDermott-Kave online

17 March – 7 April, 4 sessions

TIME 2.00 - 3.00 PRICE \$40

THURSDAYS

NEW

19. STRENGTH, BALANCE, FITNESS!

with Heather Lamb online

21 January – 8 April, 12 sessions

TIME 12.00 – 1.00 PRICE \$80

20. MAH JONG CLUB

TBA

21 January – 8 April, 12 sessions

TIME 10.30 – 12.00 PRICE \$20

NEW

21. Maintain your Brain

with Dr Jackie Outerbridge online

February 4 – February 25, 4 sessions

TIME: 12 – 1.30 PRICE: \$50

22. CLUB PETANQUE

with Michael Kirk Petanque Court

21 January – 8 April, 12 sessions

TIME 1.30 – 3.00 PRICE \$20

23. CLUB PETANQUE 2nd Stringers

with Debbie MacKenzie Petanque Court

21 January – 8 April, 12 sessions

TIME 3.00 – 4.30 PRICE \$20

FRIDAYS

24. LLC RAMBLING CLUB

with Larry Sticca

22 January – 16 April, 12 sessions

TIME 9.30 – 11.30 PRICE \$20

25. CLASSIC STRETCH

with Jenille Smith online

22 January – 16 April, 12 sessions

TIME 10.00 – 11.00 PRICE \$80

26. SENIOR SWANS (all levels) online

with Mary Faulkenberry and Jayne Burnett

22 January – 16 April, 12 sessions

TIME 11.00 – 12.00pm PRICE \$80

27. GENTLE IYENGAR YOGA

with Ann McDermott-Kave online

22 January – 16 April, 12 sessions

TIME 12.00 – 1.30 PRICE \$90

SATURDAYS

28. TAI CHI OUTDOORS

with Naomi Schroter Botanical Gardens

23 January – 10 April, 12 sessions

TIME 10.00 – 11.00 PRICE \$80

SPECIAL OUTDOOR OUTINGS!

A. ADHT Walk: Black Mecca

Wednesday, 3 February at 10.30 PRICE \$25

B. Common Ground 3: Grow Fruit Trees

Thursday, 18 February at 10.30 PRICE \$25

C. Bermuda's Heritage Cuisine

Thursday, 4 March at 10.30 PRICE \$25

D. Bird Watching at Spittal Pond

Tuesday, April 6 at 8.00 PRICE \$25