

NO. 41 INTRODUCTION TO IPAD [PLUS] STEPHANIE LEE
 PLACE Brock Hall Room B164
 DATE February 27; March 05,06; (Thursday & Friday) (3 sessions)
 TIME 1.00 – 2.30 PRICE \$40 (as above).
 This course is a continuation of the Intro to iPad. We will dive a bit deeper into the functions and features that make this a fun tool. Required! Your iPad password (if set up and your Apple ID and password. (limited to 10 members)

NO. 42 USING THE INTERNET STEPHANIE LEE
 PLACE Brock Hall Room B164
 DATE March 12,13,19; (Thursday & Friday) (3 sessions)
 TIME 1.00 – 2.30 (Thursdays); 1.00 - 2.30 (Fridays) PRICE \$40
 A course for beginner internet users, learn what a browser is , a website and how to search the internet for your favourite things, go shopping and protect your information. You will need to bring your own laptop/tablet with stylus/mouse. (limited to 10 members)

NO. 43 HEALTH MATTERS MEREDITH SMITH
 PLACE Brock Hall Room B146
 DATE March 05, 12, 19, 26; (4 sessions)
 TIME 1.30 – 2.45 PRICE \$40
 “An ounce of prevention is worth a pound of cure”; health and wellness education provided by Meredith’s carefully selected guest presenters.

NO. 44 & 45 LLC CLUB PETANQUE MICHAEL KIRK
 PLACE Bermuda College Petanque Court
 DATE January 16 – April 02 (12 sessions)
 TIME (NO. 44) 1.00 – 2.30; (NO. 45) 2.30 – 4.00 PRICE \$20
 Petanque, a centuries-old game played during Roman times – similar to Italian bocce and played on a gravel surface. Tuition given, no previous skills needed. Boules provided.

FRIDAY MORNING (PUBLIC HOLIDAY – Friday 10 April)

NO. 46 LLC RAMBLING CLUB
 PLACE Brock Hall Room B146 (1st meeting)
 DATE January 17 – April 03 (12 sessions)
 TIME 9.30 – 11.00 PRICE \$20

Join us and experience Bermuda at its best. Sign up and receive the weekly walking route, pictures, and highlighted points of interest.

NO. 47 LLC CONVERSATIONAL FRENCH
 This course will resume in September 2020.

NO. 48 LLC WATER BASED MEDIA AND WATER COLOUR EMMA INGHAM

PLACE North Hall, Room G204
 DATE February 14 – April 17 (10 sessions)
 TIME 10.30 – 12.30 PRICE \$100 (not including materials)
 Designed to motivate and stimulate your creativity. Join this lively and engaging class. All are welcome and it is great fun. Includes “en plein air” sessions! (limited to 12 members) .

NO. 49 CLASSIC STRETCH
 PLACE North Hall GYM
 DATE January 17 – April 03 (12 sessions)
 TIME 10.00 – 11.00 PRICE \$80

Perfect & beneficial combination of yoga and Pilates that is great for mature adults. It keeps arthritis under control and helps folks with tired and stiff joints.

NO. 50 LLC SILVER FITNESS CLUB
 PLACE North Hall GYM
 DATE January 17 – April 03 (12 sessions)
 TIME 11.00 – 12.00 PRICE \$80

LLC members endorsement “He is excellent, he adapts the exercises so that I can do them; he provides variation and he is responsive to my problems”.

FRIDAY AFTERNOON

NO. 51 & 52 LLC SENIOR SWANS MARY FAULKENBERRY & JAYNE BURNET

PLACE North Hall Room G125
 DATE January 17 – April 03 (12 sessions)
 TIME (S) (51) 10.50 – 11.50; (52) 12.00 – 1.00; PRICE \$80
 “A ballet class created for Lifelong Learners who want to feel the freedom and beauty of movement to beautiful music while improving posture, co-ordination and flexibility



NB: NO RECEIPTS WILL BE ISSUED FOR CHEQUES RECEIVED.

PLEASE NOTE: On Registration Day, help us to improve registration by having your form completed ahead of time with the correct amount of cash or a cheque.

REFUNDS - If a member cancels a course or outing before the start of such course or outing a full refund will be given LESS an administrative fee of \$5. No refund will be given if a member wishes to cancel after the start of a course or outing. A full refund will be given if the LLC has to cancel a course or outing.

LIFELONG LEARNING AUDIT - It is possible to attend a course at the college during the day if you are over 60, for only \$50. It usually involves three hours a week for 14 sessions. You cannot be awarded any certification from any such course and with a computer course there is a weekly charge for the use of the computer. Please check with the Registrar’s Office at the college for registration information. Several of our members have taken up this excellent opportunity and the lecturers love having our members in their classes.

CONTACTS FOR SPRING 2020

Robert Horton
 Debbie McKenzie
 Richard Gray
 Dr. Sylvia Shorto
 Evangeline Anderson

President
 Vice-President
 Treasurer
 Executive Director
 Office Administrator

239 - 4129 (o)
 239 - 4029 (c)

MAIL YOUR REGISTRATION TO:

Lifelong Learning Centre
 Brock Hall
 The Bermuda College
 P.O BOX HM 2718
 Hamilton HMLX

SPRING 2020, REGISTRATION & MEETING

LLC Registration Meeting Thursday 09 January, 2020 - Brock Hall Room B146 (across from the LLC Office)

1:30 p.m. - Registration
 2:30 p.m. - Meeting (light refreshments)

LLC OFFICE DATES

Closed Friday 13 December, 2019
 Open Monday 06 January, 2020
 Closed Friday 26 June, 2020



LIFELONG LEARNING CENTRE
 Bermuda College
 P.O. Box 2718
 Hamilton, HMLX

SPRING SCHEDULE 2020

TOURS & OUTINGS

A. Bermuda Festival of the Performing Arts -
 DATE TBA
 PLACE TBA
 TIME TBA
 PRICE TBA

B. LLC Well-being Spring Semester Spa Nancy Cabral
 DATE Monday 16 March 2020
 PLACE TBA
 TIME 10.30 a.m.
 PRICE \$25.00 healthy refreshments
 This well-being spa morning will both delight and inspire you. Join experienced beauty and well-being therapist Nancy Cabral for a morning of re-vitalizing beauty care products and demonstrations. Learn about skin care, facials and whole body treatments. Indulge yourself, you are worth it!

C. Bermuda Cuisine, Heritage & Culture – A Learning Lab
 DATE Monday 17 February, 2020
 TIME 10.30 – 12.00 noon.
 PRICE \$15.00
 Join us for another culinary adventure. Celebrate Bermuda’s unique cuisine while exploring the social and cultural back-story. How do we prepare our favourite Bermudian dishes? What are the variations and why? What is the unique history of the ingredients? What do these things say about who we are? Share some your own family cuisine stories. This is a lively & interactive learning lab!

D. Mini Golf & Lunch KURT BIRRER
 DATE Tuesday 10 March, 2020
 PLACE Bermuda Golf Academy, Southampton
 TIME 10.45 am. Tee-Off; 12.30 pm. lunch
 PRICE \$50
 This is a very popular outing, come and join the fun. Light lunch at Pompano Beach Club after the game.

E. African Diaspora Heritage Trail (ADHT) TBA
 DATE Monday 30 March 2020
 PLACE TBA
 TIME 10.30 am
 PRICE \$25.00
 A light picnic lunch is included
 Description: TBA

MEMBERSHIP FEES
 Annual Dues (September 1, 2019 – August 31, 2020) \$30.00

TOTAL PAID: \$

MAKE TOTAL CHEQUE PAYABLE TO: LIFELONG LEARNING CENTRE

MAIL CHEQUE TO: Lifelong Learning Centre, Bermuda College, P.O. Box 2718 HAMILTON HMLX

PLEASE INDICATE BELOW Course Number, Outing and Price(\$)

Course # _____	Price \$ _____	Outing # _____	Price \$ _____
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Course # _____	Price \$ _____	Outing # _____	Price \$ _____
COURSE TOTAL \$ _____		OUTING TOTAL \$ _____	

FOR OFFICE USE ONLY
DATE: MM/DD/YYYY
RECEIPT #:
INITIALS OF OFFICIAL